

Open Airways

Lively Interactive **FREE**
One-hour Workshops



Learn how to...



Fix the SNEEZE...CONTROL the WHEEZE!

Over 9,000 people have asthma in Bermuda and about 33% have allergies.
Prevention is the name of the game!

Come to our workshop
Just one hour of your life may change your life...it may even save it!

Calling everyone who may like to save over \$600 a year
AND learn how to breathe freely!
Clean your home without chemicals. Let us show you how!

Lively Interactive One-hour Workshops

Open Airways asthma nurses can come to your office or workplace for one hour at breakfast, lunch or any time that suits you.

Thanks to these popular workshops, we have helped many people who were suffering with asthma and allergies with no idea that they need not suffer! Asthma and allergies are treatable! Let us show you how!

To book a workshop - contact Tracy Nash: oatn@northrock.bm
or Liz Boden: lizboden@logic.bm

There is no charge for the workshop, however donations are welcome!

To learn more
visit our updated website:
www.openairways.com

Open Airways
Helping Bermuda Breathe!